

Reasonably Adjusted Maternity Pathway for Women with a Learning Disability

Labour



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CONSIDER CAPACITY THROUGHOUT THE PROCESS AS IT MAY FLUCTUATE AT DIFFERENT STAGES

First Stage

Mother / birthing partner

- Ring delivery suite and ensure you tell the labour ward you have a learning disability

Labour ward

- Remind mother / birthing partner to bring maternity notes with **Maternity Passport and Easy Read Birth Plan**
- Check & ensure reasonable adjustments are identified, met, recorded & shared
- Consider reasonable adjustments and flexibility for patient to come into the ward earlier than what would be expected if needed
- Consider Mental Capacity Act as this may fluctuate through the various stages - follow local trust process
- Refer to CHANGE my pregnancy, my choice book & **NENC Easy Read Maternity Leaflets**

Hospital

Home birth - Follow local trust policy to develop individualised plan with reasonable adjustments, communication & Mental Capacity Act are considered throughout

Labour ward

- Clear communication throughout and use accessible resources for examination
- Ask for the **Maternity Passport and Easy Read Birth Plan**
- After examination and use of maternity passport discuss pain relief options with mother in an accessible way and ensure mum understands
- Refer to CHANGE my pregnancy, my choice book & **NENC Easy Read Maternity Leaflets**

Second Stage

- Use continuity of carer
- Ensure effective communication is used throughout and mother understands
- Ensure birth partner and mother are aware that if there is an emergency birth the process involved

Third Stage

- Ensure clear and effective communication is used through placenta delivery, suturing, any bleeding or after care
- Refer to CHANGE my pregnancy, my choice book & **NENC Easy Read Maternity Leaflets**