



# Welcome to County Durham and Darlington Foundation Trust

This leaflet tells you what to expect when you come to Darlington Memorial Hospital. It tells you where to go when you arrive, who you can ask if you have questions, where to park, and what's available on site.

## What type of care do you provide?

|                                                               |   |
|---------------------------------------------------------------|---|
| Alongside unit (midwifery-led care provided in a labour ward) | ✓ |
| Labour ward (obstetric unit led by a doctor)                  | ✓ |
| Neonatal unit                                                 | ✓ |

## What is the address?

Darlington Memorial Hospital, Hollyhurst Road, Darlington, DL3 6HX



## How do I get to the maternity and neonatal units?

The maternity unit and neonatal unit are on level 6.

This includes:

- Labour ward
- Ward 61
- Pregnancy Assessment Unit
- Special Care Baby Unit (SCBU), which cares for babies who need extra support

Follow the signs from the main entrance. You can use the lift or the stairs.

## Where can I park? Do I need to pay for parking?

There is a car park for patients and visitors at the front of the hospital.

It can get busy. Please allow extra time before your appointment or visit.

You will need to pay to park. Parking costs depend on how long you stay:

- 0 to 2 hours: £3
- 2 to 3 hours: £4
- 3 to 24 hours: £6



## **Is there parking close to the entrance if I need care quickly?**

There is no drop-off area near the main entrance.

## **Can I have visitors?**

You can have visitors while you are staying in the hospital. Visiting times and the number of visitors depend on the ward.

**Ward 10 (University Hospital of North Durham) and Ward 61 (Darlington Memorial Hospital):**

- **9am to 10pm:** your birth partner and your baby's siblings can visit

**All other maternity wards:**

- **2pm to 4pm and 6pm to 8pm:** other visitors can visit
- You can have up to 3 visitors at your bedside
- Visitors must be aged 16 or over, unless they are your baby's sibling

## **Can my partner stay with me overnight?**

Your partner needs to go home at the end of visiting hours. Speak to the ward sister or matron if you have any questions.

## **Where can I get food and drink onsite?**

If you stay overnight, we will bring you meals.

You can also buy food and drinks on site, at:

- The Hollies café on the lower ground floor
- A café on the ground floor near the lifts
- Shops at the main entrance and on the ground floor
- Vending machines in Accident and Emergency (A&E), outpatients and maternity



## **What support is there for feeding my baby?**

We will support you to feed your baby in a way that works for you.

Our midwives and maternity support workers will help you during pregnancy, birth and after your baby is born.

During pregnancy, a maternity support worker will contact you. We will invite you to an infant feeding workshop.

When your baby is born, we will support you with skin-to-skin contact and feeding your baby when they show signs they are hungry.

When you go home, our community midwives will continue to support you.

If you need extra help, your midwife can refer you to our Specialist Infant Feeding Team.

Speak to a member of staff if you need help.

## Who can I talk to if I have questions?

You can always speak to your midwife or doctor. They can answer your questions and talk to you about your care choices.

- **If you are at home and need advice:** Call the maternity unit at 01325 743025
- **If you think you might be in labour:** Call the maternity triage team on 01325 743025  
They will guide you on what to do next.
- **If your baby is in the neonatal unit:** You can call the neonatal unit for updates or advice on 01325 743 257.
- **If you need emergency care:** Call 999 immediately

## Watch our video tour to learn more about our Trust:

<https://youtu.be/7vIQe3yjXww?si=bAkIaJajWUN1aTCy>

