



My Maternity Profile



My Maternity Profile...

Information for healthcare professionals

The aim of this document is to promote and support individualised maternity care for those who may find it difficult to do this for themselves. This in turn will support a positive experience when accessing maternity care and safer outcomes.

- This is intended to be accessed and read by professionals, therefore is in English only. This should be verbally communicated with the woman with the use of a translator where required.
- Women should be advised to bring this when attending for maternity care.
- This document requires ongoing review and completion throughout the pregnancy, birth and postnatal periods.
- It is important to be mindful of who may see this document. Enquiries should be made with the women as to what information they are happy to share within this.
- This document can be started with the woman at the booking appointment and revisited throughout their care.
- The midwife may wish to fill this document in and the woman is encouraged to also make notes in this document if able.
- This document should be completed with the use of a translator where required to ensure understanding.

All maternity care providers have a responsibility to review and contribute to this document.



My Maternity sharing profile...

My name is:

I like to be called:

My date of birth:

My NHS number:

My GP is:

My allergies are:

My GP address is:

I require an interpreter: Yes No

My religion is:

Language:

I might also communicate in others ways, such as:

I am cared for by:

Hospital / Trust:

Community Midwife:

Tel:

Health Visitor:

Tel:

GP:

Tel:

Any other Professionals involved in my care:

My Medical Conditions: (please list)

Vaccinations:

- Measles, Mumps, Rubella (MMR) – 2 doses
 - Pertussis (Whooping Cough)
 - Flu (seasonal)
 - COVID (if eligible)
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My next of Kin is (NAME):

Emergency contact:

Relation:

Contact Number:

How to support me with my maternity experience



Reasonable Adjustments

What is the reasonable adjustment?

Why is this needed to support me?

How to support me with maternity care



Monitoring the health and wellbeing of me and my baby(ies)

Wellbeing plan within maternity notes

Birth plan completed (Please see Badgernet)

Where can I access information about birth and my choices:

Pain – how might I tell you I am in pain – physical and / or emotional

**Cultural or religious wishes /
ceremonies that are important to me:**

**Support and groups which I
may wish to access:**

Maternity Sure Start Grant application:

Feeding support:

Local Groups:

**Anything else I might like to know
about?**

Special Diet requirements

**How I communicate:
(key points)**

**How to communicate
with me:**

Activities of daily living



Me

My pattern of home visits:

My Baby(ies)

Does baby have a car seat?

Who I can call for help once home and how I can do this:

This is how I plan to feed my baby:

Things I may need support with once home:

This is where I might find feeding support and advice:

Things I would like my team to consider when visiting my home:

Safe sleep for baby

Is there a wellbeing plan after birth?

How to manage my baby's cry safely

Handover communication / care to community practitioner



What staff need to do before I leave hospital

I may need a discharge planning meeting if my health or social needs have changed - please detail:

What's changed?

About my health, medication and support needs:

I will need hospital transport to take me home:

Yes No

Things I may be offered now my Baby has been born...

6-8 week review for me and baby with the GP:
Please ask me how am I feeling, how is my emotional health?

Do I have any worries?

Smear Test:

Breast Self-Awareness:

My thoughts and wishes for contraception:

Any further appointments or referrals made for me and my baby?

**This document
belongs to me
– please ensure
that it comes
home with me
again.**

Additional Information

In completing this documentation, I give consent for this information to be shared with the hospital staff.

GIVING FEEDBACK

Once you are home please complete any feedback forms you are given.

You can also discuss any worries or concerns you may have with the manager of the ward or department you are attending.

With thanks to the team at North
Cumbria Integrated Care NHS
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