



Preterm Baby Passport

There are 7 key treatments that are known to improve the outcome for preterm babies. These treatments are known as the Antenatal Optimisation Care Bundle and are listed below. Every baby is unique and every baby's entrance into this world is different. Some treatments in this list may not be possible. Please talk to your midwife or doctors to explore this. You will be involved in all decisions about your care.

Place of Birth

(babies born early or small sometimes need to be born in a higher-level unit, Speak to your doctor to find out if this is the case for you)



I am at the optimal hospital in case my baby(ies) needs to be born early.

I am aware that I might have to be moved to another hospital and if this isn't possible then my baby(ies) might need to be moved to another hospital after they are born.

Not Possible

In Progress

Complete

Antenatal Steroids

(for all babies born before 34 weeks)



I have been given a full course of steroids to help prepare my baby(ies) for being born early.

Not Possible

In Progress

Complete

Magnesium Sulphate

(for all babies born before 30 weeks)



I have been given Magnesium Sulphate to protect my baby(ies) brain.

Not Possible

In Progress

Complete

Early Breast Milk

(for all babies born before 37 weeks)



I have been given information about the benefits of early breast milk and have been shown how to express to make this milk for my baby(ies) before or within an hour of birth.

Not Possible

In Progress

Complete

Antibiotics

(for all babies born before 37 weeks where mum was in labour)



I have been given antibiotics to reduce the chance of my baby(ies) developing an infection called Group B Strep.

Not Possible

In Progress

Complete

Optimal Cord Management

(for all babies)



After my baby(ies) is born, the team will wait at least a minute before clamping the cord, to allow my baby to be born safely and get extra blood from the placenta.

Not Possible

Complete

Keeping Your Baby Warm

(for all babies)



After my baby(ies) is born, the team will try and keep their temperature normal and will help us to hold on baby skin-to-skin as soon as it is safe.

Not Possible

Complete

